

**File no.D.28012/4/2020-DTE(SYS)**  
**SPORTS AND YOUTH SERVICES DEPARTMENT**

**GOVERNMENT OF**  
**MIZORAM**

**New capital Complex (MINECO), Khatla, Aizawl, Mizoram-796001**

**Subject - Notice inviting applications for appointment of**  
**Nutritionist on contract basis for Khelo India State Centres of**  
**Excellence, Aizawl, Mizoram.**

Sports and Youth Services department, Government of Mizoram &SAI is setting up new sports Academies at Rajiv Gandhi Stadium , Mualpui, Aizawl to nurture the best talent of the country identified through Khelo India Talent Identification. The Academies will be equipped with world class infrastructure and coaching facilities with adequate scientific backup with focused on participation in world sports tournament & Olympics.

In order to lead these High-performance Academies Sports and Youth Services department, Government of Mizoram & Sports Authority of India (SAI), invites applications from eligible citizens of India for filling up the post of One Nutritionist for Khelo India State Centres of Excellence, Aizawl (Rajiv Gandhi Stadium). **The last date for the submission of application is 31<sup>st</sup> March 2021.**

All necessary information may be obtained from Directorate of sports and Youth Services, Government of Mizoram and Directorate website [www.sys.mizoram.gov.in](http://www.sys.mizoram.gov.in) .

Sd-  
H.LALENGMAWIA, IAS  
Commissioner & Secretary  
Sports and Youth Services  
Department  
Government of Mizoram

## Vacancies

The number of vacancies and the place of deployment can be varied as per workload. Indicative figures are as follows:

S.NO	Designation	Total Vacancies
1	Nutritionist	1

### (Specific Requirements, Short listing and Interview Information)

#### 1. ESSENTIAL EDUCATIONAL QUALIFICATIONS

##### **Nutritionist**

M.Sc. (Nutrition) from any recognized Indian or Foreign University.

##### **Experience:**

Minimum 5 years of experience including 1 year working with sports academies/Institutions.

#### 2. CRITERIA FOR SHORTLISTING OF CANDIDATES FOR INTERVIEW.

Of all the total applications received, short listing of candidates to provide an optimum ratio for the interview will be carried out on following basis:

CATEGORIES FOR EVALUATION	MAX MARKS	SCORING OF MARKS		
Higher Educational Qualification	10	MPhil / PhD in Nutrition		
Percentage of Marks obtained in Post Graduation	10	Percentage of marks >60% -69.9% (5 marks) Percentage of marks >70% - 74.9% (7marks) Percentage of marks >75% (10marks)		
Subjects in Master's	20	Physiology (5 marks) Biochemistry (5 marks) Sports (5 marks) M.Sc in Sports Nutrition (20 marks)		
Sports Certification	20	IOC Diploma in Sports Nutrition (20 marks)	NIN 6-month Certificate course in Sports Nutrition (15 marks)	Sports Nutrition Certificate/diploma from any reputed International Sporting Organizations

			(5 marks)
Total Work experience	20	2 marks will be awarded for every completed 1 year of work experience as Nutritionist upto a maximum of 20 marks	
Work experience in sports establishment	20	Additional 2 marks will be awarded for every completed 1 year of work experience as Nutritionist at a recognized State /National level sports organization (Govt. or Private) working with teams/players upto a maximum of 20 marks	

### **3. INTERVIEWPROCESS:**

- A) The interview will be of 100 marks.  
 B) The shortlisted candidates will be called for the interview and assessed as follows:

<b>CATEGORIES FOR EVALUATION</b>	<b>MAXIMUM MARKS(100marks)</b>
Domain Expertise	30
Practical application of Nutrition in sports	30
Aptitude for working in a sports organization	10
Knowledge related to recent advancements	10
Soft skills	10
Knowledge in allied sports science disciplines	10

### **NOTE:**

- **OF THE TOTAL APPLICATIONS RECEIVED, CANDIDATES WILL BE SHORTLISTED FOR THE INTERVIEW BASED ON THE CRITERIA MENTIONED ABOVE.**
- **MERIT LIST: IT IS TO BE NOTED THAT MERE QUALIFYING AT THE INTERVIEW DOES NOT CONFIRM FINAL SELECTION. SEPARATE MERIT LIST WILL BE PREPARED PURELY ON THE BASIS OF MARKS OBTAINED BY THE CANDIDATES IN INTERVIEW.**
- **THE CANDIDATE MUST PRODUCE ALL THE ORIGINAL DOCUMENTS AT THE TIME OF PHYSICAL JOINING OTHERWISE THE CANDIDATURE WILL BE CANCELLED.**

## **GENERAL INSTRUCTIONS**

**(All the instructions given below must be strictly followed or else the application is liable to be rejected)**

1. **WHO CAN APPLY:** Online applications are invited from Indian citizens both male and female, who have completed their Master's in Nutrition from a recognized Indian or foreign university.
2. **HOW TO APPLY:** Eligible candidate shall submit their Application in the format given at **Annexure II, by post and email**, on or before \_\_\_\_\_ 2021, 4 PM at following address:-

Directorate of Sports and Youth Services,  
Government of Mizoram  
New Capital Complex (MINECO), Khatla, Aizawl, Mizoram

**By email-** [dsysmizoram@gamil.com](mailto:dsysmizoram@gamil.com)

**Only short listed candidates will be called for interview.**

**IN CASE OF ANY PROBLEM FACED IN APPLYING ONLINE, PLEASE CONTACT AT TELE NO. 0389 2334442 ONLY DURING OFFICE HOURS [10:00 AM-04:00 PM] ON WORKING DAYS.**

### **3. IMPORTANT INSTRUCTIONS FOR UPLOADING DOCUMENTS:**

#### **A. Passport Size Photograph and Signatures:**

The candidate should scan his photograph and specimen signature in JPG format. The digital size of file should not exceed 300 KB each and must not be less than 20 KB. Minimum resolution of the file should be 350 pixels (Width) X 350 pixels (Height) and maximum 1000 pixels (Width) X 1000 pixels (Height). Bit Depth of image file should be 24.

B. Proof of Date of Birth.

C. Proof of identity.

D. DEGREE:(whichever applicable)

E. The certificate uploaded must be one issued by the Competent Authority (i.e. University or other examining body) awarding the particular qualification.

4. **WORK EXPERIENCE** Documents claiming work experience must clearly mention the following:
- A. Name of the establishment.
  - B. Signature of competent authority/issuing authority clearly stating their position of authority in the organization.
  - C. Duration of work experience.
  - D. The field in which the candidate has worked or the post held in the establishment.

5. **UPLOADING OF DOCUMENTS: AFTER THE INITIAL REGISTRATION IS COMPLETED ONLINE, THE FOLLOWING ESSENTIAL CERTIFICATES/ DOCUMENTS SHOULD BE SELF ATTESTED, SCANNED AND UPLOADED STRICTLY IN THE ORDER MENTIONED BELOW ALL COMPILED IN A SINGLE PDF FILE BY CLICKING ON THE UPLOAD DOCUMENTS BUTTON.**

- a) Candidate details: Name
  - i. Contact No
  - ii. Address
  - iii. Email id
- b) Document for DOB.
- c) Master's degree.
- d) Higher Educational Qualification Degree.
- e) Work experience Certificate.
- f) No Objection Certificate from present employer, if any.

6. **CALL LETTERS FOR INTERVIEW: The Call Letters for interview shall be communicated electronically in the valid and functional email id provided by the candidate.**

**CANDIDATES SHOULD CHECK THE WEBSITE AND THEIR REGISTERED EMAIL REGULARLY FOR UPDATES REGARDING INTERVIEW DATES AND OTHER RELEVANT DETAILS. ANY VARIATION IN THE DETAILS PROVIDED AND DOCUMENTS SUBMITTED ONLINE WILL LEAD TO REJECTION OF THE CANDIDATE. ANY UPDATES AND NOTIFICATIONS WILL BE HOSTED ON THE WEBSITE.**

7. The responsibility of ensuring genuineness of the certificate lies completely with the candidate by self-attestation. Sports and Youth Services Department, Government of Mizoram reserves the right to discard experience certificates which do not provide correct details as asked above. Website links could be provided to ascertain genuineness.
8. Any experience claimed during the course of completion of the degree will not be counted. Any experience which is not relevant to the above discipline / fields will not be counted.

9. Candidates will be called for the interview based on the short-listing criteria as mentioned above. Hence mere fulfilment of eligibility criteria does not entail that candidate will be called for the interview.
10. The Candidates should note that their candidature at all the stages will be purely provisional, subject to their satisfying the prescribed eligibility conditions. If on verification at any stage before or after Interview, it is found that they do not fulfil any of the eligibility conditions; their candidature will be cancelled by the Sports and Youth Services Department, Government of Mizoram.
11. **NOTE: SELECTED CANDIDATES WILL BE REQUIRED TO PRODUCE THE ORIGINALS OF THE CERTIFICATES MENTIONED ABOVE AT THE TIME OF JOINING. FAILURE TO SUBMIT THE REQUIRED CERTIFICATES IN ORIGINAL AT THE TIME OF PHYSICAL JOINING WILL LEAD TO CANCELLATION OF CANDIDATURE.**

**12. Terms & Conditions for contractual engagement:**

- i. **Tenure:** Initial contractual engagement will be for a period of **three** years. The tenure can be further extended by **two** years for a maximum period of **five years** on the basis of satisfactory performance. The tenure is subject to continuation of Khelo India Scheme.
- ii. **Age limit:** The candidate must not have attained **40 years** of age as on the closing date of advertisement. The date of birth, accepted by the Sports and Youth Services Department, Government of Mizoram is that entered in the Matriculation or Secondary School Leaving Certificate or in a certificate recognized by an Indian University as equivalent to Matriculation or in an extract from a Register of Matriculates maintained by a University which extract must be certified by the proper authority of the University or in the Higher Secondary or an equivalent examination certificate. Aadhar Card/Passport/Voter Id will also be accepted. No other document relating to age like horoscopes, affidavits, birth extracts from Municipal Corporation, Service records and the like will be accepted. The expression Matriculation/Higher Secondary Examination Certificate in this part of the Instruction include the alternative certificates mentioned above.
- iii. **Remuneration:** Monthly remuneration of Rs 75000-100000.
- iv. **Tax Deduction at source:** The income tax or any other tax liable to be deducted, as per the prevailing rules will be deducted at source before effecting the payment, for which the SYS Department, Government of Mizoram will issue TDS certificates/ Service Tax, as applicable.

- v. **Other Allowances:** No TA /DA shall be admissible for joining the assignment or on its completion. No other facilities like DA, Accommodation, Residential Phone, Conveyance /Transport, Personal Staff, Medical reimbursement, HRA, and LTC etc. would be admissible to them. In case he/she is required to proceed outstation from the place of posting for official duty, he/she will be entitled to TA/DA as admissible for pay Level-10 under GOIrules.
  - vi. **Extension:** Performance of the selected candidates would be continuously reviewed and their extension will be considered on the basis of periodic review/requirements.
  - vii. **Leave:** Personnel will be entitled for 30 days leave in a calendar year on pro- rata basis. Employee shall not draw any remuneration in case of his/her absence beyond 30 days in a year. Also,any un-availed leave in a calendar year will lapse and will not be carried forward to the next calendaryear.
  - viii. **Termination:** The contract can be terminated by giving a 30 days' Notice period by either party, i.e. Sports and Youth Services Department, Government of Mizoram and the employee. In cases of extreme impropriety by the employee the contract may be terminated immediately withoutnotice.
13. Candidates must apply within the scheduled time period, no applicationreceived after the last date shall be entertained.
14. Candidates who apply under this advertisement may also be shortlisted for future requirements of Sports Science support staff in organisations covered under KheloIndiaSchemes.
15. Decision of Sports and Youth Services Department, Government of Mizoram in all matters regarding eligibility, selection and posting wouldbe final and binding on all candidates. No representation or correspondence will be entertained by Sports and Youth Services Department, Government of Mizoram in this regard.
16. Sports and Youth Services Department, Government of Mizoram reserves the right to modify/alter/restrict/enlarge/cancelthe recruitment process, if need so arises without issuing any further notice or assigning any further notice/any reasons thereafter. The decision of the Sports and Youth Services Department, Government of Mizoram will be final and no appeal will be entertained against this issue. A panel of eligible candidates will be created to cater to future requirements. The panel made by Sports and Youth Services Department, Government of Mizoram can also be utilized by various other Govt. organization which are supported under various schemes of Sports and Youth Services

Department, Government of Mizoram.

17. In case of any dispute, jurisdiction of Court at Mizoram only will be applicable.
18. Please do visit your email account regularly for further updates.
19. Further notifications/corrigendum in this regard, if any, will be put up on [www.sys.mizoram.gov.in](http://www.sys.mizoram.gov.in) SYS website only.
20. In case of any dispute, English version of the Employment notice will be treated as valid.

***CANVASSING IN ANY FORM WILL BE A DISQUALIFICATION.***



## **JOB RESPONSIBILITIES OF NUTRITIONIST**

1. Evaluation of the nutritional status and dietary needs of athletes using established department protocols / standards and generate individual reports.
2. Developing sport specific monthly cyclic menu chart for athletes and standardize all recipes provided in the menu.
3. Making regular mess visits for menu compliance, taste, and right cooking procedures.
4. Monitoring hygiene, sanitation and cleanliness of the kitchen, dining and allied area.
5. Promoting healthy eating and lifestyle habits and develop personalized nutrition plans and individualized counselling sessions.
6. Organizing, develop, analyse, test, and prepare special meals in cases of sickness or addressing nutritional deficiencies.
7. Conducting group counseling by motivating athletes towards achieving compliance and other suggested recommendations.
8. Coordinating with sports science support team, Sportsscience head, Centre head and other administrative staff.
9. Undertake Any other duties assigned by High Performance Director, Sports Science Head and Regional Head.

SAMPLE DOCUMENT DEMONSTRATING HOE THE CERTIFICATES ARE  
TO BE ATTESTED AND SCANNED AND COMPILED IN THE FORMAT  
REQUIRED.

क्रमांक S.No. 2006	250250	केन्द्रीय माध्यमिक शिक्षा बोर्ड CENTRAL BOARD OF SECONDARY EDUCATION अंक विवरणिका MARKS STATEMENT सेकण्डरी स्कूल परीक्षा, 2006 SECONDARY SCHOOL EXAMINATION, 2006				
ALL INDIA						
नाम Name	अनुक्रमांक Roll No.					
माता का नाम Mother's Name						
पिता का नाम Father's Name						
जन्म तिथि Date of Birth	1ST DECEMBER NINETEEN HUNDRED NINETY					
विद्यालय School	DB468 ARMY SCHOOL					
विषय कोड SUB. CODE	विषय SUBJECT	प्राप्तांक MARKS OBTAINED				स्थितीय श्रेण POSITIONAL GRADE
		लि. TH	पै/आ.मू. PR/IA	योग TOTAL	योग शब्दों में TOTAL IN WORDS	
101	ENGLISH COMM.	079	XXX	079	SEVENTY NINE	A2
085	HINDI COURSE-B	090	XXX	090	NINETY	A1
041	MATHEMATICS	094	XXX	094	NINETY FOUR	A1
086	SCIENCE & TECH.	067	025	092	NINETY TWO	A1
087	SOCIAL SCIENCE	073	017	090	NINETY	A1
AB : विषय में अनुपस्थित Absent in the Subject		परिणाम Result		PASS		
PR : प्रयोगात्मक Practical						
IA : आंतरिक मूल्यांकन Internal Assessment						
दिल्ली Delhi						
दिनांक Dated	27-05-2006					
					परीक्षा नियंत्रक Controller of Examinations	

Self-attested  
*Ragini Jain*  
Ms. RAGINI JAIN

**Annexure II**  
**APPLICATION FORM**

1. Full Name in Capital Letters (as per the matriculation certificate):
2. Gender:
3. Date of Birth (as per the matriculation certificate):
4. Father's Name (as per the matriculation certificate):
5. Nationality:
6. Post Applied For:
7. Permanent Address:
8. Address for Communication:
9. Mobile number and Email ID(a valid and functional email ID to be provided):
10. Academic Qualifications:

<b>QUALIFICATION</b>	<b>NAME AND ADDRESS OF COLLEGE/INSTITUTION</b>	<b>UNIVERSITY</b>	<b>YEAR OF PASSING</b>
<b>Master's degree</b>			
<b>Higher Qualification</b>			

11. Details of Services rendered earlier/Experience in related field: (After the basic graduation).

<b>Post/Designation</b>	<b>Name and Address of the Organization</b>	<b>Duration of Tenure</b>		<b>Total Period</b>
		<b>From</b>	<b>To</b>	

**Declaration: I solemnly declare that the above statements made by me are correct to the best of my knowledge and belief. I shall abide by the rules and regulation of Sports Authority of India.**

**Signature & Name of Candidate**